

Complete Patient Profile

Surname:	Given Name:
PHN:	DOB:
Address (include postal code):	Email:
Phone #:	
Language Spoken:	Interpreter Required? <input type="checkbox"/> Yes <input type="checkbox"/> No
Medications:	
MEDICAL HISTORY:	
Reason for Referral:	
Physician Name:	Office number:
Physician Signature:	Office Fax:

- ASTHMA EDUCATION** **PEDIATRIC ASTHMA CLINIC**

The **Asthma Education Program** offers individual education sessions by a RRT on self-management of Asthma. Breathing tests may be done. The **Pediatric Asthma Clinic** offers education and assessment by a team which includes a Pediatrician, RN and RRT. Breathing tests may be done. No fees for service.

- COPD EDUCATION** **RESPIRATORY REHABILITATION - BREATH PROGRAM**

The **COPD Education Program** offers individual education sessions by a RRT on self-management of COPD with help to set Acute Exacerbation Action Plans. Breathing tests may be performed. The **Breath Respiratory Rehabilitation Program** is a 5-week program of exercise, education and social support for COPD clients and their families. The program includes a Respiriologist, OT, PT, RN and RD. The following tests are required and will be ordered automatically if not included with referral: *Pulmonary Function, ECG and Chest X-ray.*

- PREDIABETES AND DIABETES EDUCATION PROGRAMS**

NOTE: ALL LABS MUST BE ATTACHED FOR APPOINTMENTS TO BE BOOKED

These programs offer a series of education classes and individual appointments in the self-management of diabetes. It may include a RN, RD and Exercise Specialist.

Date of Diagnosis: _____ Type: Prediabetes Type 1 Type 2

Insulin Starts - include orders for type of insulin and dose:
Insulin: _____ Dose: _____

- GESTATIONAL DIABETES PROGRAM/CLINIC**

GESTATIONAL INFO: DUE DATE: _____ Endocrinologist Requested Yes ___ No ___

LABS: Attach OGTT results.

CARDIAC REHAB AND CARDIO-METABOLIC PROGRAM

The program offers individual counselling to establish an exercise program, diet and lifestyle modifications for patients with cardiac risk factors or those who have an established cardiac condition. It may include Exercise Specialist, RN, RD and Internist. Service fees apply.

 CHRONIC DISEASE NURSE COORDINATOR PROGRAM

The program offers guideline-based chronic disease management for patients with two or more chronic conditions. A Chronic Disease Nurse will work closely with clients, their family, and physician to support and manage their chronic diseases. Referral **must** come from a physician.

REQUIRED: Medical History

Other Tests: Medications Lab results Diagnostic reports

 DIABETES FOOT CARE PROGRAM

The program offers assessment and education on foot care with a special focus on prevention of foot ulcers and lower-extremity amputations. It may include RN and OT. NO OPEN WOUNDS. Service fees apply. Choose one:

Prediabetes Diabetes

 MENTAL HEALTH - BOUNCE BACK PROGRAM **CDM COUNSELLING PROGRAM**

The **Bounce Back** program offers brief, structured phone coaching by a community coach on self-management of mood and worry for patients living with a chronic disease or chronic pain. The **CDM Counselling** program offers individual and group counselling by a RCC for patients with chronic disease and depression or anxiety.

 MOVE MORE ON THE SHORE

This is an 8-week lifestyle management program for inactive adults. With a unique approach that not only involves regular and convenient structured bouts of physical activities which are guided and/or modified by certified fitness leaders, it also incorporates a variety of interactive workshops lead by health care professionals, including: healthy eating, stress management and goal setting. All are welcome. Fees do apply.

 NUTRITIONAL COUNSELLING PROGRAM

The program offers group education or individual appointments by a RD for patients of all ages and types of diets. Patients can self refer. Fee for Bodysense only.

BodySense - lifestyle/weight management Heart Healthy Eating & Exercise (includes BP & Lipids)
 Individual / Group Visit - Counselling Reason: _____

 OASIS - OSTEOARTHRITIS SERVICE INTEGRATION SYSTEM

The program offers assessment, education and referral to support services for the self-management of osteoarthritis at **any stage of the disease**. Interdisciplinary team includes PT, OT, and RN.

Affected joint (s): _____

X-ray required (within last year) and will be ordered automatically if x-ray report not included.

 TOBACCO CESSATION COUNSELLING

The program offers individual, group and phone support to quit smoking. It may include a RRT.

Download additional Referral Forms by visiting: <http://vch.eduhealth.ca>

View Online NS Chronic Disease Services & Programs Directory by visiting
 North Shore Community Resources website: <http://www.nscr.bc.ca/>

VCH catalogue number: EF.850.N67 - Updated: October 19, 2012)

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